

# COLLEGE OF DIETITIANS OF BRITISH COLUMBIA

## Inquiry Case #20-33 - Complaint Outcome Report

On **February 5, 2020**, the complainant, a regulated health professional, emailed the CDBC Deputy Registrar to report concerns about the registrant's practice where the complainant was acting as the registrant's supervisor.

On **February 11, 2020**, the Inquiry Committee reviewed the complaint and on February 14, the Inquiry Committee decided to inspect the allegations, approved the inspection plan, and appointed the Deputy Registrar as inspector.

On **February 15, 2020**, the CDBC contracted a consulting dietitian to complete a review of the registrant's practice through a health record review. The health record review was finalized on **March 10, 2020**.

On **March 11, 2020**, the inspector notified the registrant of the complaint and provided a set of questions informed by the client health record review. The registrant was requested to respond by April 6, 2020. The registrant was granted two extensions to prepare her response with legal counsel and responded to the complaint allegations on **April 30, 2020**.

The inspection took place between **February 14** and **June 26, 2020**.

On **June 30, 2020**, the Inquiry Committee reviewed the allegations, the registrant's written response, a review of the registrant's client health records, social media practice, CDBC legislation and standards for record keeping, and relevant literature, and the risk analysis tool.

The Inquiry Committee found that the evidence supported some of the allegations with regard to lack of timely record keeping and potential impact on timely delivery of services and lack of critical thinking and accountability for her actions. Overall, the evidence reviewed presented low risks with a few moderate risks for the concerns identified.

The Inquiry Committee reached a consensual decision to dispose of the case pursuant to sections 33(6)(b) and 36(1)(b) of the [Health Professions Act](#) where the registrant had to fulfill the following requirements:

- complete courses and readings on standards for record keeping, and critical thinking and,
- provide the Inquiry Committee with a summary of changes to her practice to demonstrate compliance with CDBC bylaws and standards of practice.

The Inquiry Committee also provided the following advice to the registrant to further support the College's mandate of public safety future practice:

- finding a Full registrant who could act as a mentor to the registrant for timely delivery of services and record keeping in clinical nutrition, and
- in the event that the Respondent decides to return to work in sports nutrition, review updated sports nutrition literature and updated practices for estimating energy and macronutrient needs for different sports, prior to doing so.

The registrant was notified of the decision on **July 6, 2020** and signed the consent agreement on **July 17, 2020**. The complainant was notified of the decision on **July 15, 2020**.

A copy of the disposition is saved in the registrant's file permanently, in accordance with section 69 of the CDBC bylaws.

**145 days** were required to resolve the case.