

This Update includes information on the following items:

- **Dietetic Workforce in British Columbia: Survey Report**
- **Public Awareness Campaign Video - BC Health Regulators**
- **Article - Let's Clear Up the Confusion Between Dietitians and Nutritionists**
- **Reminder: Continuing Competence Program - 2017 Group**
- **Launch September 1, 2016 - Updated Continuing Competence Program**
- **Insulin Dose Adjustment - Updated Position Statement**
- **Website Updates**
- **You Asked About... Ordering Modular Products for Enteral Feeding**
- **Fall/Winter Liaison Sessions in the Lower Mainland and Vancouver Island**
- **Questions? Comments?**

\*\*\*

### **Dietetic Workforce in British Columbia: Survey Report**

Thank you to all dietitians who participated in the 2015 workforce survey that was circulated in partnership with Dietitians of Canada (DC). Access to dietetic services is a public safety issue and we appreciate the opportunity to gather this information. [Results of this survey](#) are now available on the DC website as well as an [Executive Summary](#).

Analysis of the survey results revealed that the BC dietetic workforce is at capacity, making it difficult to maintain existing services and leaving no opportunity to meet the increased demand for nutrition services related to government priorities and population growth. At the same time, unregulated nutrition practitioners are increasingly entering the nutrition practice landscape in BC, raising concerns regarding quality of care and risk to patients and clients.

These results were recently shared through the [DC \(BC\) Select Standing Committee on Health Submission](#).

\*\*\*

### **Public Awareness Campaign Video - BC Health Regulators**

As part of the CDBC's strategic plan, the College continues to raise the professional profile of dietitians and their ability to serve the public safely, competently and ethically. With this goal in mind, the CDBC participates in the [BC Health Regulators' Public Awareness Campaign](#) designed to increase the public's awareness of the importance of choosing regulated health care professionals. The campaign theme "Saying you are one doesn't make you one" includes television spots and digital posts. The ads feature child actors impersonating health care professionals and the humorous outcomes of their "work". The slogan is a key message for several public statements about misrepresentation of professionals, or practice without authorization, and reinforces the requirements and advantages of regulation. Dietitians are one of several health professionals featured in the series. You can [view the "dietitian" ad](#) on the BC Health Regulators website.



\*\*\*

### **Article - Let's Clear Up the Confusion Between Dietitians and Nutritionists**

In July, the CDBC released an op-ed article titled ["Let's Clear Up the Confusion Between Dietitians and Nutritionists"](#). This article is an extension of the BC Health Regulators' public awareness campaign and was developed in partnership with Bridge Communications. The article focuses on

the differences between the education and practice of RDs and unregulated nutritionists. It has been circulated to various media organizations and has already been published in the [Kelowna Daily Courier](#) and the online version of the [Vancouver Sun](#). Watch for the article in your local newspaper! We also encourage you to share this article with your networks to raise the profile of dietitians as safe, competent, ethical and accountable to the BC public.

\*\*\*

### **Reminder: Continuing Competence Program - 2017 Group**

Are you part of the 2017 Continuing Competence Program (CCP) Group? This is a **reminder for Full Registrants in the 2017 Group only**. Your Professional Development Plan is due for submission on October 31, 2016. You will need your CDBC username and password to access the [online Continuing Competence Program](#). Remember to report on learning goals and activities pursued between **April 1, 2014 and March 31, 2017**; a minimum of three (3) Learning Plans should be marked "complete". Please note, the Learning Plan submission function will be available starting **September 1**.



If you are uncertain about your CCP reporting group, please review the information at the top of the Self-Assessment screen, after logging into the CCP. Contact the office if you have trouble accessing the online CCP, or if you have questions about the CCP.

\*\*\*

### **Launch September 1, 2016 - Updated Continuing Competence Program**

The College of Dietitians of BC has been working with the Quality Assurance Committee, CDBC registrants and Claymore Inc. to update the online Continuing Competence Program (CCP). Thank you to all registrants who participated in the May/June testing of the updated software program! The updates incorporate the new Standards of Practice that will be in force on August 31, 2016, as part of the amended CDBC bylaws, and new Indicators and Outcomes of practice developed by Fern Hubbard, Registrar, in consultation with the Alliance of Canadian Dietetic Regulatory Bodies and the Quality Assurance Committee over the last year.



The updated CCP is now ready for use and will launch on **September 1, 2016**. Please note, **only registrants** in the **2020 group** (the 2017 registrants who will be starting a new 3-year CCP cycle on April 1, 2017) will have access to the new Standards of Practice. For continuity, all other registrants who are in the midst of completing current three year cycles will continue to use the previous version of the Standards of Practice until their cycles are complete. All full registrants will have access to the updated user interface.

The CCP fulfills section 16(2)(e) of the Health Professions Act, which requires the CDBC to establish and maintain a quality assurance program that promotes high standards of practice. The CCP requirement begins when a Dietitian registers as a Full registrant and is assigned a three-year CCP cycle. Current registrants are required to successfully complete the CCP on a three-year cycle to be eligible to renew their registration on April 1 of the third year.

\*\*\*

### **Insulin Dose Adjustment - Updated Position Statement**

The CDBC Board of Directors recently approved an update to the [Position Statement on Insulin Dose Adjustment](#). This update was done in consultation with clinical Practice Leaders and Dietitians practicing diabetes care throughout the province. The updated Position Statement clarifies dietetic scope of practice and reflects current practice. The Statement also better supports dietetic practice for diabetes care. Please contact the CDBC at [info@collegeofdietitiansbc.org](mailto:info@collegeofdietitiansbc.org) if you have any questions on the updated position statement.

\*\*\*

## Website Updates:



- [Minutes from the 2014-2015 AGM](#)
- [Quality Assurance Committee Meeting Minutes - May 2, 2016](#)
- [Inquiry Committee Meeting Minutes - June 20, 2016](#)
- [Board Meeting Minutes - June 24, 2016](#)
- [Insulin Dose Adjustment - Revised Position Statement](#)
- Quality Assurance Committee Policies & Guidelines
  - [Standards of Practice, Indicators & Outcomes](#)
  - [Qac-06: Right to Refuse Treatment](#)
  - [Qac-09: Marketing, Sales and Conflict of Interest](#)
- [Registration Application Information Guide](#)
- [Case Outcome Report #15-13 - Ethics](#)

\*\*\*

## You Asked About... Ordering Modular Products for Enteral Feeding

**Q:** Can a dietitian order a protein or fibre supplement that would go through an enteral tube, or does a physician or nurse practitioner need to order them? There are no vitamins/minerals involved.

**A:** Most modular products are not considered drugs. Instead they are classified as "Foods for Special Dietary Use" under the [Food and Drug Act](#). Therefore, these items do not require a prescription and dietitians can order them. However, there are occasions where modular products may contain ingredients (e.g. high dose vitamins and minerals) that would cause them to be classified as drugs. In such cases, dietitians may design an enteral diet with modular products and are currently required to request an authorized prescriber (e.g. physicians or nurse practitioners) to sign off on the diet, in order for the pharmacist to fill it. The need for an order from an authorized prescriber will depend on how these modular products are classified within the Drug Schedules.

As per the [CDBC Joint Statement on Dietitians' Authority to Recommend Vitamins and Minerals for Therapeutic Diets](#) a dietitian can order Schedule 3 and Unscheduled Drugs - "When recommended by a dietitian as part of a therapeutic diet, pharmacists may release Schedule 3 and unscheduled drugs and nurses may administer them." This statement was developed collaboratively between the CDBC, the College of Pharmacists of BC (CPBC), the College of Registered Nurses of BC, the College of Psychiatric Nurses of BC and the College of Licensed Practical Nurses of BC.

If the products in question are [Schedule 3 or Unscheduled drugs](#), they may be recommended by a Dietitian as indicated above. If you are unsure as to whether or not the products in question are Schedule 3 or Unscheduled, please connect with your pharmacist colleagues to assist you in classifying the products. More information on [Drug Schedules Regulation](#) are available on the College of Pharmacists of BC website.

\*\*\*

## Fall/Winter Liaison Sessions in the Lower Mainland and Vancouver Island

In September, **Fern Hubbard, Registrar**, will be meeting with Dietitians in Northern Health, during their 2016 conference to discuss amendments to the CDBC bylaws and proposed amendments to the Dietitians Regulation (including scope updates to reflect current practice) and College initiatives. Fern will also provide information and answer questions pertinent to northern Dietitians. Fern would like to schedule **information sessions** in the Lower Mainland and on Vancouver Island during **Fall/Winter 2016/17** to consult with Dietitians on scope of practice/practice issues. If the Dietitians



in your area would like to plan a meeting with Fern, please contact the College office.

\*\*\*

**Questions? Comments?**

Please contact the College staff if you have **questions or comments** about items in this Monthly Update. Call 604.736.2016 or toll-free in BC to 1.877.736.2016, or email us at [info@collegeofdietitiansbc.org](mailto:info@collegeofdietitiansbc.org). We look forward to hearing from you!

The College of Dietitians of BC, Suite 409, 1367 West Broadway, Vancouver, British Columbia V6H 4A7 Canada