

## Restricted Activity Oversight Change – Questions & Answers

### Q: What is actually changing about Restricted Activity (RA) registration? I need more information.

The annual RA Fees are eliminated and you will no longer need to provide “proof of current competence” to renew your Restricted Activities.

### Q: I am registered with Restricted Activities. Does this affect me? If so, when?

Historically, when you have registered with RAs, you have been required to provide a proof of competence during renewal. As of March 1, 2020, during renewal, if you need registration with RA(s), you will declare your intent to practice RA(s) at your registration renewal to keep the [Public Register of Dietitians](#) up to date. Registrants will no longer pay to renew RA(s). You will also declare your ongoing intent to practice RA(s) by completing an annual Continuing Competence Program (CCP) moving forward.

### Q: I am not registered with Restricted Activities (and may never require them). Does this affect me?

The only upcoming change that will affect you, is the new annual CCP requirement, starting April 1, 2021. The CCP will become an annual requirement for all Full registrants. This requirement will start taking effect gradually, starting April 1, 2020.

### Q: I have never been registered with RAs before. If I anticipate needing to do so, what steps can I take?

First time applicants for RAs (e.g., full registrant who never practiced RAs, temporary registrant, labour mobility registrant, or internationally educated registrant) will be required to declare competence and safety to practice at the time of initial registration with RA(s) by completing an “Application for Restricted Activities” form that will be similar to the current form used by the College. There will be a one-time administrative fee for processing this initial application. After this initial registration, you will need to declare your ongoing intent to practice RAs annually and maintain competence to do so through the annual CCP.

### Q: Can you give me some preliminary details about the annual CCP?

At present, registrants are in a three-year reporting cycle for CCP. Within this three-year cycle, registrants develop and report on **three Learning Goals** (with a minimum of two Learning Activities for each goal). Only one learning goal is required to cover all Restricted Activities.

Starting April 1, 2021, all registrants will be expected to report annually. The annual CCP will include a minimum of **two Learning Goals** (with a minimum of two Learning Activities for each goal). A registrant will require an **additional Learning Goal if intending to practice RA A+/C (enteral)** and **one additional Learning Goal for RA B (parenteral)**. Please refer to the diagram for a visual explanation.

## Required



## Registered with Restricted Activity A and/or C?



## Registered with Restricted Activity B?



**Q: Why is the College making these changes? What has the College been working on to implement these changes?**

Please refer to the [Restricted Activity Oversight Change: Rationale and Consultation](#) document.

The College is currently in the process of revising policies and resources to support the annual Continuing Competence Program requirements, including Learning Report development, appropriate selection of Learning Activities, and evaluation criteria. Look for additional information in upcoming Monthly Updates and QA newsletters.