

This Update includes information on the following items:

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Strategic Plan 2018-2021

The CDBC is pleased and proud to present the new [Strategic Plan 2018-2021](#), approved by the Board on March 12, 2018.

The Board began work on the College's 2018-2021 strategic planning process at its October 2017 meeting. At this meeting, the Board reviewed results of surveys and an environmental scan conducted during the summer.



Over the last few months, goals and strategies were developed to determine how the College can meet its mandate, at this current stage of the organization. The Board approved the Plan after reviewing priorities and resources available for the College.

Strategic Planning is an important process to provide common direction and engagement of the key partners of the College. We hope we can count on your continuous collaboration and commitment to reach these goals!

Save the Date! June 14th - CDBC Annual General Meeting

The CDBC's 2017/18 *Annual General Meeting* is scheduled for **Thursday, June 14th, 2018, from 2:00 pm to 4:00 pm**. Registrants are invited to join us, in-person, at the CDBC office. Registrants who are unable to attend in-person are invited to join us via webcast. Prior to the AGM, the CDBC will offer a free session on virtual practice and the related professional obligations. Do not miss our interesting speaker on this trendy topic!

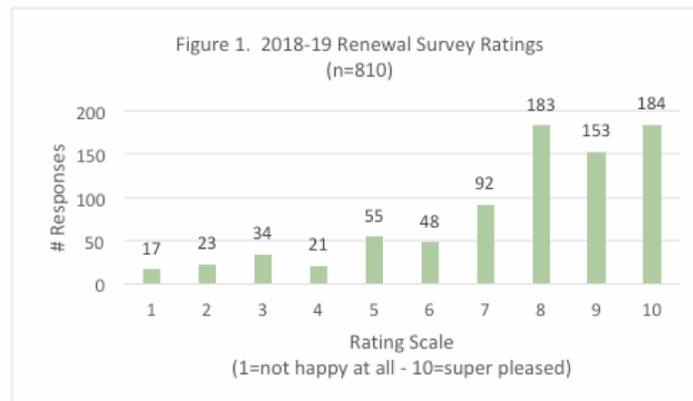
Meet with your RD colleagues and make the AGM a group event! The CDBC will email invitations to registrants, Committee and Board members and CDBC public representatives very soon.

Make plans to join the College in-person, or via webcast on June 14th!

Thank you for Completing Your Registration Renewal

Thank you to all registrants who renewed their registration by the March 31, 2018 deadline. The CDBC's [Public Register of Dietitians](#), reflects the current registration of **1290 Dietitians** (as of April 14, 2018) for the 2018-19 registration period.

This renewal period saw new additions to the CDBC's online Shared IT System. Sixty-four percent (64%) of those who renewed registration also completed the online survey, which was included at the end of the renewal process (see figure 1).



Registrants also provided a wide array of feedback on experiences and changes to the system for renewal. Some examples are listed below:

- *"website can be hard to navigate"*
- *"I appreciate the simplified, online system. Thank you"*
- *"The Restricted Activities application is cumbersome and confusing"*
- *"Allow me to view the documents I uploaded after I've uploaded them"*

- "There is an improvement from previous years. The uploading of restricted activities makes it easier"
- "The section on employment was difficult to navigate through"
- "Took too long to complete"
- "very easy to follow and quick"

All feedback will be considered in the CDBC's continued efforts to streamline and improve the Shared IT System, ready for next year's renewal. Thank you for your feedback.

CDBC Bylaw Amendments Enacted April 1, 2018

[CDBC bylaws](#) define the College's governance structure, as well as its mandated activities for public protection - registration, quality assurance, inquiry and discipline. Several new CDBC Bylaw Amendments were approved by the BC Ministry of Health and were enacted on April 1, 2018. Board and Committee policies are being amended to reflect the new bylaws. Below is a list of key changes relevant to Dietitian registration, reinstatement and practice:



Section 41 - Full Registration

- 41 (1) (c) Successful completion of the examination and the jurisprudence examination less than 3 years prior to the date that full registration is granted;
- 41 (3) Rescind Schedule F - International Jurisdictions Recognised by the Board

Section 43 - Temporary Registration

- 43 (2) The registration of a person who has been granted temporary registration under section (1) may be renewed by the registration committee once for a period of up to one (1) year immediately following the period that the first temporary registration was granted.
- 43 (5) A temporary registrant who fails the examination may practice only under direct supervision by a full registrant, as specified by the registration committee.
- 43 (6) Registration in this class must be revoked if a temporary registrant fails the examination on the second attempt.

Section 51 - Reinstatement Within Six (6) Years

- 51. (1) (c) Successfully completes the examination and the jurisprudence examination less than three (3) years prior to the date registration is granted.

Section 52 - Reinstatement After More than Six (6) Years

- 52. (1) (e) Completes the examination and jurisprudence examination less than 3 years prior to the date registration is granted.

Section 53 - Reinstatement following Disciplinary Action

- 53. (1) (c) Successfully completes the examination and jurisprudence examination less than 3 years prior to the date that full registration is granted.

Dietitians are responsible for knowing where to access the [CDBC bylaws](#) and for being familiar with them. If you have any question about the interpretation and application of the bylaws, please contact the College.

Development of the bylaw amendments were a collaborative effort between CDBC staff and past and present Board Directors, the Ministry of Health, Registered Dietitians and the public. Thank you all for your support during this process.

CDBC Website Updates

The following key items have been updated on the CDBC website:

- [CDBC Bylaws enacted April 1, 2018](#)
- [2018/19 Board of Directors names](#)
- [2018/19 Inquiry Committee member names](#)
- [2018/19 Quality Assurance Committee member names](#)
- [2018/19 Registration Committee member names](#)
- [Board Meeting Minutes - March 12, 2018](#)
- Quality Assurance Committee guidelines: [Professional Practice Guidelines](#)
- Registration Committee Policies:
 - [Rc-03: Full Registration - Substantial Equivalence \(updated\)](#)
 - [Rc-04: Temporary Registration \(updated\)](#)
 - [Rc-17: Removed In Good Standing \(new\)](#)
 - [Rc-18: Reinstatement of Former and Non-Practicing Registrants \(new\)](#)
 - [Rc-20: Supervision After CDRE Failure \(new\)](#)
- [CDBC Strategic Plan 2018-2021](#)



New CCP Cycle Begins for Registrants in the 2021 Group

As part of the CDBC's mandate of public protection, the [Continuing Competence Program \(CCP\)](#) helps ensure Dietitians practice safely, ethically and competently. Registrants who completed their CCP cycle on March 31, 2018 are now beginning a new cycle, ending in 2021. **You can start your new three-year cycle now:**

- [login](#) to your CDBC online account to access your CCP
- complete the Self-Assessment to select your goals
- plan your continuing competence activities
- document learning activities as you go

Your online CCP is **confidential** - CDBC staff do not have access to your CCP until you submit your Professional Development Plan. Only authorized CDBC staff will review and access your submitted plan.

If you're unsure when your CCP is due, [login to your online CDBC account](#) and view your CCP group information at the top of the page under "Continuing Competence Program; Self-assessment or Professional Development Plan". Please contact Mélanie Journoud, Deputy Registrar, Quality Assurance, if you have any questions.

You Asked About... Home Blenderized Tube Feeding
Q: Can I recommend home blenderized tube feeding to clients?

A: On April 9th, 2018, the College attended the Dietetics in Action education day and offered some information about Home Blenderized Tube Feeding and Dietitian obligations. Here is the summary of the relevant information shared:

It is within the Dietitian's scope of practice to design and/or administer home blenderized tube feeding (HBTF), as any other product available for enteral nutrition. Dietitians who do so must be mindful of their own personal skill and competence to practice HBTF and take the necessary steps to ensure safe, ethical and competent practice. RDs must also have the appropriate restricted activities in order to practice HBTF, i.e. Restricted Activities "A" - design, compound or dispense therapeutic diets if nutrition is administered through enteral means, and "C" - administer a substance to a person by instillation through enteral means.

When providing care in HBTF, Dietitians should also consider the [CDBC Code of Ethics and Standards of Practice](#) in terms of:

- providing a client-centered care approach and informed consent;
- conducting evidence-informed practice;
- adhering to legislation or organizational requirements; and
- communicating and collaborating with clients, their families, and the health care team.

Below are guiding questions that Dietitians may use to navigate any unfamiliar and new dietetic situations, including HBTF:

- Is the task related to my profession and scope of practice?
- Does it involve restricted activities?
- Are my personal competencies up-to-date to do the task safely, ethically and competently?
- Does it require specific skills for the patient that need to be assessed and counseled?
- Is there a work policy that I need to follow for this task?
- Are there guidelines or position papers available to guide my practice?
- Is there scientifically sound literature to support this practice?
- Do I know who needs to be involved in the team to optimize the care and follow-up?
- Does the client have all of the information to make an informed decision and consent?
- Do I have all of the information to make a fair nutritional assessment and recommendation/plan?
- Am I respecting the client's needs, values, goals and circumstances?
- Is there a potential conflict of interest involved in the task? Do I need to disclose it or recuse myself?
- Are there any other risks that need to be mitigated?



For more information on HBTF, you may want to consult information provided by our colleagues at the College of Dietitians of Ontario: <https://www.collegeofdietitians.org/Resources/Scope-of-Practice/Approaching-a-New-Task-Blenderized-Tube-Feedings.aspx>; or, check out Dietitians of Canada's learning resource on Home Blenderized tube feeds, available at a cost - <https://www.dietitians.ca/Learn/Distance-Learning/LODStoreProduct.aspx?guid=763cf0e5-ca0f-4688-9ada-058dd68d81d2>.

Questions? Comments? Schedule a liaison session?

Please contact the College staff if you have **questions or comments** about items in this Monthly Update or would like to **schedule a liaison session with Joanie Bouchard, Registrar**. Call 604.736.2016 or toll-free in BC to 1.877.736.2016, or email us at info@collegeofdietitiansbc.org. We look forward to hearing from you!

