

This Monthly Update includes information on the following items:

- **Board of Directors Appointment - Vancouver Coastal Electoral Region**
- **Call for Volunteers - Restricted Activities Working Group**
- **Continuing Competence Program: 2018 Group - PDP due October 31**
- **National Registration Requirements for Virtual Dietetic Practice**
- **CDBC Registrar Liaison Sessions with Dietitians Across BC**
- **Website Updates**
- **You Asked About... Diet Ordering**
- **Questions? Comments?**

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**Board of Directors Appointment - Vancouver Coastal Electoral Region**

*The CDBC welcomes Theresa Cividin, MA, RD*, who has been appointed by the Board to represent the Vancouver Coastal Electoral Region. Theresa's appointment to the Board is effective September 13, 2017 until March 31, 2018.

Theresa has previous involvement with the CDBC, as a former member of the CDBC Registration Committee, from November 2004 to March 2009. She has considerable experience working on committees, as a member and as a stakeholder, through her current role as Practice Leader, Vancouver - Acute Services. Theresa is also a Clinical Instructor with the Faculty of Land and Food Systems at the University of British Columbia, providing education and supervision for dietetic interns. Additionally, she sits on the Practice-based Evidence in Nutrition (PEN) Advisory Committee for Dietitians of Canada. **Welcome Theresa!**



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**Call for Volunteers - Restricted Activities Working Group**

The CDBC is seeking Dietitians, with current restricted activities, to **volunteer as members of a Restricted Activities Working Group**.

As requested by the CDBC Board, the Restricted Activities Working Group is an ad hoc support group of the Registration Committee. The mandate of the Restricted Activities Working Group is to review and revise policy [Rc-12. Proof of Competence: Restricted Activity Program Approval](#). This includes:

1. analyzing and making recommendations for:
  1. criteria for program approval; and
  2. [specific competencies for each Restricted Activity](#).
2. reviewing Restricted Activity legislation for BC, across other jurisdictions of the Alliance of Canadian Dietetic Regulatory Bodies, and other Health Professions in BC.

This work will be done in consultation with a contracted subject matter expert.



The term for each Restricted Activity Working Group member is November 1, 2017 to March 31, 2018. Members are eligible for reappointment by the Registration Committee for an extended term if required.

Those interested in volunteering must be "full" registrants of the CDBC, and hold a minimum of one current restricted activity. All successful Working Group members will be required to sign a CDBC Conflict of Interest/Confidentiality agreement. Please see the [Terms of Reference: Restricted Activities Working Group](#) for more information.

Please **submit a current resume** and an **introductory letter** explaining why you are interested in participating in the Restricted Activities Working Group and the **strengths** you would bring. Deadline for submissions is **Monday, October 23, 2017**. Send your application to [chi@collegeofdietitiansbc.org](mailto:chi@collegeofdietitiansbc.org). We look forward to hearing from you!

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**Continuing Competence Program: 2018 Group - PDP due October 31**

If you're in the 2018 CCP group, your Professional Development Plan (PDP) is **due for submission on October 31, 2017**. To access the online CCP, please sign into your [CDBC account](#). Scroll down to "Online Services" and select "Continuing Competence Program".

By now, your 2018 Self-assessment and Professional Development Plan should summarize continuing education pursued from **April 1, 2015 to March 31, 2018**. The expectation is that you mark **at least 3 learning plans** as "completed". You may want to review the [Assessment Criteria](#) to make sure your Plan is complete before submitting it to the College. Please [contact](#) the office if you have trouble accessing your profile, or have questions about the CCP.



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**National Registration Requirements for Virtual Dietetic Practice**

In August 2017, the Alliance of Canadian Dietetic Regulatory Bodies (Alliance) approved its [national registration requirements for virtual dietetic practice](#) across Canada. The Alliance is a national organization representing ten equal and independent provincial dietetic regulatory authorities. The purpose of the Alliance is to:

- Share information and perspectives.
- Undertake initiatives to advance dietetic regulation in Canada.
- Maintain and administer the Canadian Dietetic Registration Examination (CDRE).
- Facilitate labour mobility through the Canadian Free Trade Agreement.
- Act as the contact point for external groups on matters related to the regulation of Dietitians in Canada.



The national registration requirements for virtual dietetic practice document provides information on what conditions must be fulfilled by Dietitians wishing to provide cross-jurisdictional services by electronic means (i.e. via internet and/or telephone). Cross-jurisdictional practice occurs when a Dietitian who is registered with a regulatory body in one province or territory provides dietetic services to clients who reside in another province or territory.

If you are a Dietitian who plans to conduct virtual dietetic care in provinces or territories outside BC, be sure that you review and fulfill the registration requirements for each province where you wish to practice. This helps to reduce any unintentional, unauthorized dietetic practice.

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#### **CDBC Registrar Liaison Sessions with Dietitians Across BC**

Joanie Bouchard, Registrar, is available to provide liaison sessions around the province to relay information on CDBC initiatives and hear about registrants' dietetic practice issues. On September 12<sup>th</sup>, she met with Northern Health Dietitians in **Prince George**. Please call or [email the office](#) to schedule a liaison session with Joanie in your area, community or workplace!

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#### **Website Updates**

Recent website updates include:

- [National Registration Requirements for Virtual Dietetic Practice](#)
- [Registration Policy Rc-05: Examination Third Attempt](#)



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#### **You Asked About ... Diet Ordering**

**Q:** *My inter-professional colleagues have told me that I should not write diet recommendations in the physician's notes section of a patient's chart because they cannot fulfill "orders" from a Dietitian. I've been permitted to write diet orders in the physician's notes, at other organizations, to make sure that my diet recommendations are implemented. What should I do?*

**A:** According to the [Dietitians Regulation](#), Dietitians' scope of practice includes: "...assessment of nutritional needs, design, implementation and evaluation of nutritional care plans and therapeutic diets..." Implementing a therapeutic diet involves "ordering" a diet.

Within the healthcare context, the term *order* is often used interchangeably with the term *prescribe*. For example, the physician prescribing treatment is often referred to as the doctor's *order*. Definitions of the terms *prescribe* and *order* vary among health professions regulation in BC. As a result, confusion may exist amongst healthcare professionals as to who has the authority to *prescribe* or *order*. In some instances, there may be reluctance by some healthcare professionals to accept a Dietitian's recommendation (i.e. diet order) that has been entered in the physician's notes of a patient's chart.



In accordance with [Standard of Practice](#) 15.1: "A Dietitian maintains clear and accurate records that document communications and the provision of professional services." This includes preparing, maintaining and managing records in compliance with legislative requirements, regulatory policies/guidelines and organizational requirements. Depending on your facility's policies and documentation requirements, you may or may not be able to write diet recommendations in the physician's notes. The CDBC recommends that Dietitians familiarize themselves with work place ordering and record keeping policies, as part of maintaining clear and accurate records. For example, the BC Women's Hospital & Health Centre and Children's Hospital has developed a [Nutrition Order by Dietitians Policy](#) to provide clarity on Dietitian orders and documentation requirements for ordering different therapeutic diets.

Similarly, Dietitians Regulation states that Dietitians may "dispense" enteral and parenteral nutrition, where "dispense" means to fill a prescription for parenteral or enteral nutrition. In some instances, however, the work place ordering system may simply not allow the Dietitian to record an order. In this case, the Dietitian will need to obtain an order from a physician or a nurse practitioner and document the recommended nutrition care in the dedicated section of the patient's health care record. For example, the BC [Residential Care Regulation](#) requires a physician or nurse practitioner order for nutritional supplements and enteral nutrition (section 67).

The CDBC also recommends that Dietitians discuss work efficiency issues with their inter-

professional teams and decisions makers, keeping in mind that if a documentation process is preventing a patient from receiving timely nutrition care, it may place the patient at risk.

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**Questions? Comments?**

Please contact the College staff if you have **questions** about items in this Monthly Update. Call 604.736.2016 or toll-free in BC to 1.877.736.2016, or email us at [info@collegeofdietitiansbc.org](mailto:info@collegeofdietitiansbc.org). We look forward to hearing from you!

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