

Proof of Competence: Restricted Activity Program Approval

Date created: March 24, 2015

Date approved: May 4, 2015

Date last reviewed (RC): April 20, 2015, September 26, 2016

Date last reviewed (Board): June 15, 2015; October 21, 2016

Category: Registration

File code: Rc16/Policies/Rc-12 Proof of Competence RA Criteria for Program Approval_Oct_21_16_FINAL

Authority: Health Professions Act section 19, Dietitians Regulation; CDBC bylaws section 45

Background:

In accordance with Dietitians Regulation and CDBC Bylaws section 45, a dietitian must provide proof of competence to practice any Restricted Activities. Completing a program/workshop in Nutrition Support that has been recognized by the Registration Committee may be used to demonstrate proof of competence.

This policy identifies the criteria used to determine the suitability of coursework which demonstrates proof of competence to practice Restricted Activities.

Policy:

- 1) A Nutrition Support program must meet all aspects of the three criteria noted below.
- 2) A Nutrition Support program will be valid for an individual Restricted Activity (RA) or a combination of RA(s) as approved and published by the CDBC.
- 3) At the Registration Committee’s discretion, proof of competence activities will be valid for up to 5 years.
- 4) Approved programs will be re-evaluated every 3 – 5 years by the CDBC to ensure that they continue to meet all three criteria (see Table 1. Approved Programs Review Summary for current evaluation schedule).

TABLE 1. APPROVED PROGRAMS REVIEW SUMMARY				
Course Name:	Course Provider	Restricted Activities	Valid for	Date Reviewed:
Clinical Nutrition Support Clinician Certification	American Society for Parenteral and Enteral Nutrition (A.S.P.E.N.)	A,B,C	5 years	January 23, 2015
Critical Care Nutrition	Dietitians of Canada	A,B	2 years	January 23, 2015
Basic Five Enteral Nutrition	Jan Greenwood, R.D.	A	2 years	January 23, 2015
Basic 5 Parenteral Nutrition	Jan Greenwood, RD	B	2 years	April 20, 2015
UBC Dietetics Program	UBC Faculty of Land and Food Systems	A	Within 1 year after program graduation	February 24, 2011

Criteria

- 1) Program is created, managed and taught by:
 - a) a recognized provider (i.e. American Society of Parenteral and Enteral Nutrition, European Society of Parenteral and Enteral Nutrition, Dietitians of Canada, etc.) OR
 - b) an individual or group of individuals who have current and advanced levels of clinical nutrition support experience/practice (i.e. ≥ 5 years) AND
 - i) responsibility for policy and procedure development as well as involvement educating colleagues and other healthcare professionals OR
 - ii) current Certified Nutrition Support Clinician (CNSC) certification AND current registration with relevant Restricted Activities (if a College of Dietitians of British Columbia registrant).

- 2) Program structure:
 - a) provides a course outline with defined learning objectives; and
 - b) requires a minimum of 7 hours per RA to complete, and
 - c) includes an exam as part of the program time and requires a minimum passing grade of 80%; and
 - d) provides proof of successful completion of the program that includes, at a minimum, the registrant's name, date of course, RA taught/learned, length of course and signature of course provider.

- 3) Program content:
 - a) is, at a minimum, at a general entry-to-practice level of competence; and
 - b) is current and evidence-based; and
 - c) focuses on core and specific competencies as outlined by the CDBC in Appendix 2 of the form "Verification of Current Competence to Practice Restricted Activities" (see Attachment 1).

Attachment 1. "Verification of Current Competence to Practice Restricted Activities"
(Appendix 2, CDBC)

RESTRICTED ACTIVITY A: ENTERAL NUTRITION (EN)	
"Design, compound or dispense therapeutic diets where nutrition is administered through enteral means"	
CORE COMPETENCY	SPECIFIC COMPETENCY
DESIGN The RD selects ingredients for EN	<input type="checkbox"/> Assesses the need for nutrition through enteral means <input type="checkbox"/> Identifies and/or recommends the appropriate EN feeding route <input type="checkbox"/> Selects the appropriate EN formulation <input type="checkbox"/> Determines the appropriate EN delivery method (<i>i.e. intermittent/continuous feed, volume, rate, etc.</i>) <input type="checkbox"/> Monitors tolerance to EN and adjusts as required <input type="checkbox"/> Communicates (verbally or in writing as appropriate) with the patient/caregiver and the interdisciplinary health care team
COMPOUND The RD compounds EN ingredients	<input type="checkbox"/> Compounds EN ingredients <input type="checkbox"/> Supervises/instructs others to compound EN ingredients
DISPENSE The RD dispenses the EN formulation	<input type="checkbox"/> Fills an EN order <input type="checkbox"/> Distributes an EN order <input type="checkbox"/> Supervises other staff filling an EN order

RESTRICTED ACTIVITY B: PARENTERAL NUTRITION (PN)	
"Design therapeutic diets where nutrition is administered through parenteral means"	
CORE COMPETENCY	SPECIFIC COMPETENCY
DESIGN The RD selects ingredients for PN	<input type="checkbox"/> Assesses the need for nutrition through parenteral means <input type="checkbox"/> Identifies and/or recommends the appropriate PN infusion site <input type="checkbox"/> Selects the appropriate PN formulation (<i>includes macro- & micronutrients</i>) <input type="checkbox"/> Determines the appropriate PN delivery method (<i>i.e. cyclical/continuous infusion, volume, rate, etc.</i>) <input type="checkbox"/> Monitors patient tolerance to PN and adjusts as required <input type="checkbox"/> Communicates (verbally or in writing as appropriate) with the patient/caregiver and the interdisciplinary health care team

RESTRICTED ACTIVITY C: ADMINISTRATION OF ENTERAL NUTRITION (EN)	
"Administer a substance to a person by instillation through enteral means"	
CORE COMPETENCY	SPECIFIC COMPETENCY
ADMINISTER The RD administers EN	<input type="checkbox"/> Instills nutrition enterally (<i>sterile manipulation of EN delivery device/system, delivery of EN</i>) <input type="checkbox"/> Instructs/ supervises others to instill EN

RESTRICTED ACTIVITY D: ADMINISTRATION OF PARENTERAL NUTRITION (PN)	
"Administer a substance to a person by instillation through parenteral means"	
CORE COMPETENCY	SPECIFIC COMPETENCY
ADMINISTER The RD administers PN	<input type="checkbox"/> Physically instills nutrition parenterally (<i>sterile manipulation of PN delivery device/system, delivery of PN</i>) <input type="checkbox"/> Instructs/supervises others to instill PN