



This Update includes information on the following items:

- **Submissions from the 2017 Continuing Competence Program Group - Due October 31**
- **Election Nominations are Open for 4 Positions on the Board of Directors**
- **Website Updates**
- **You Asked About... Restricted Activities "A" & "C"**
- **Questions? Comments?**

Submissions from the 2017 Continuing Competence Program Group - Due October 31

If you're not sure what Continuing Competence Program (CCP) group you're in, you can look this up in your on-line Personal Profile. When completing the Professional Development Plan, be sure to **update your Self-Assessment section first**. This is where you will select the standards/indicators you will develop for your learning goals. These goals will populate the Professional Development Plan section. Remember, **your Professional Development Plan is a summary of learning you've completed since the beginning of your CCP cycle, April 1, 2014. It also includes learning you plan to continue working on until March 31, 2017.**



Once received, all Professional Development Plans are reviewed. Ten percent are randomly selected for an audit in keeping with our bylaws (section 57) which means these registrants will receive detailed feedback by email and have until March 31, 2017 to complete any inconsistencies or deficiencies. All registrants will receive a confirmation notice by email once their submission has been reviewed and accepted. Please ensure [your on-line profile](#) is up to date so we have your current contact information. **Note:** Keeping your contact information current is a requirement in the [Health Professions Act \(HPA\)](#)

Are you **wondering if your CCP was successfully submitted?** [Login to your CCP account](#) and go to the "Professional Development Plan" section. You should see "Submitted" at the top of the page as well as the date/time you submitted your Plan.

Please send [Melanie Journoud](#), Deputy Registrar - Quality Assurance, an [email](#) if you have any questions about the CCP.

Election Nominations are Open for 4 Positions on the Board of Directors

Four terms on the CDBC Board of Directors end March 31, 2017. **Nominations are open in the following Electoral Regions for Board Director positions for the April 1, 2017 to March 31, 2019 term:**

- Interior/North Electoral Region;
- Vancouver Island Electoral Region;
- Fraser Electoral Region;
- Vancouver Coastal Electoral Region.



Prior to accepting a nomination, interested registrants need to review the [2017 Notice of Election](#) to familiarize themselves with Board responsibilities and time commitments. **CDBC Directors must act in the public's interest at all times, and not with the goal of**

promoting dietitians, addressing employment or union issues or pursuing personal practice issues. Any Full Registrant may nominate a maximum of two Full Registrants in good standing for each vacant Director position in his/her Electoral Region. ***Nominations must be received by mail, fax or email by December 15, 2016.*** Full registrants nominating a candidate for election must also include the nominee's short biography or notify the nominee to forward his/her bio to the College. The [Nomination Form](#) is available on the CDBC website. ***All Full Registrants will receive a formal Notice of Election, very soon via a separate College email!***

Website Updates

Website updates for October 2016 include:

- [Inquiry Committee - September 29, 2016 Panel Meeting Minutes](#)
- [Quality Assurance Committee - September 19, 2016 Meeting Minutes](#)
- [Continuing Competence Program Requirement for Reinstatement Guidelines: Assessment Criteria](#)
- [Quality Assurance Policy Qac-02: Continuing Competence Program Requirement for Reinstatement](#)
- Registration Policies:
 - [Rc-02: Full Registration](#)
 - [Rc-03: Full Registration - Substantial Equivalence](#)
 - [Rc-04: Temporary Registration](#)
 - [Rc-06: Currency of Dietetic Knowledge, Skills, Abilities and Judgement](#)
 - [Rc-08: Registrar's Limited Authority to Act for the Registration Committee](#)
 - [Rc-11: Good Character](#)
 - [Rc-12: Proof of Competence: Restricted Activity Program Approval](#)
- [2015-2016 CDBC Annual Report](#)
- [2015-2016 CDBC Audited Financial Statements](#)
- [2017 Notice of Election](#)
- [2017 Nomination Form](#)



You Asked About... Restricted Activities "A" & "C"

Q: *Why are there two Restricted Activities for practicing enteral nutrition?*

A: Restricted Activities (RAs) are elements of the Dietitian scope of practice that present significant harm to the public and are reserved for those professionals specifically qualified to perform them. They are defined in BC Legislation under the [Dietitians Regulation](#) of the [BC Health Professions Act](#):

Restricted Activity "A" is defined as "design, compound or dispense therapeutic diets if nutrition is administered through enteral means". "Design", "compound" and "dispense" are legally defined in the Dietitians Regulation as:

- "design" - the selection of appropriate ingredients for parenteral or enteral nutrition;
- "compound" - to mix ingredients for parenteral or enteral nutrition;
- "dispense" - to fill a prescription for parenteral or enteral nutrition.

Restricted Activity "C" is defined as "*administer a substance to a person by instillation through enteral means*". The term "*administer*" is not legally defined. Therefore, in order to clarify the

performance of this RA the CDBC Registration Committee and Board approved the definition of "administer" as "to physically provide a nutritional or non-nutritional substance via an enteral (or parenteral) access device or system, or provide instruction for the same."

"Administer" can more simply be described as the physical act of transferring, or teaching someone to transfer, enteral or parenteral feeds into the body.

Each of the **activities permitted under Restricted Activities "A" and "C" are directly tied to the Restricted Activities section of the Dietitians Regulation**. For Restricted Activity "A", only activities related to designing, compounding and dispensing enteral nutrition apply. For Restricted Activity "C", only activities related to "administering a substance to a person by instillation" apply.

Q: Do I need to have both Restricted Activities "A" and "C" to practice enteral nutrition?

A: This will depend on your practice situation...

Any dietitian wishing to practice enteral nutrition support must have Restricted Activity "A" as a baseline for knowledge, skills, abilities and judgement in enteral nutrition.



Dietitians with Restricted Activity "A" who are also involved in physically transferring enteral nutrition into the body through an enteral access device, or teaching "administration" to others, must be registered to practice Restricted Activity "C". Examples of physically providing enteral nutrition include:

- Actively manipulating or adjusting the enteral delivery device or system;
- Actively changing an enteral feeding bag to include nutritional or non-nutritional substance(s) to a client;
- Instructing clients, caregivers, RDs or other health care professionals to physically infuse nutritional or non-nutritional substance(s) to a client.

It is common for dietitians to have Restricted Activity "A" but not be registered to practice Restricted Activity "C" since such dietitians may never be involved in physically administering an enteral feed or teaching enteral feeds. For example, clinical dietitians providing enteral nutrition support to hospital inpatients would not take part in the physical act of feeding patients by enteral means.

Conversely, dietitians with Restricted Activity "C" *must* also have Restricted Activity "A" since the dietitian cannot physically administer an enteral feed, or teach someone to physically administer an enteral feed, without also having the baseline knowledge, skills, abilities and judgment for enteral nutrition encompassed by Restricted Activity "A".

For more information on Restricted Activities, please see the CDBC's [Interpretive Guide: Restricted Activities](#).



Questions? Comments?

Please contact the College staff if you have **questions** about items in this Monthly Update. Call 604.736.2016 or toll-free in BC to 1.877.736.2016, or email us at info@collegeofdietitiansbc.org. We look forward to hearing from you!

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