

**Please note:** this Self-Directed Learning plan is a sample and intended for reference only. Your Self-Directed Learning plan will be determined by the results of your Competence Self-Assessment (CSA) Questionnaire and Competence Self-Verification (CSV) Case Studies.

Name of applicant: Jane Smith

Date: April 1, 2014

Updated: \_\_\_\_\_

SELF DIRECTED LEARNING PLAN			
Areas for Study or Review <small>(identified by CSA/ CSV /Applicant)</small>	Resources Identified <small>(identified from Resource List/ CDBC staff/ Applicant)</small>	Learning Activities <small>(Activities identified by Applicant to address competencies/ performance indicators not met/ not verified)</small>	Date of completion
<b>Professional Practice</b> 1.02 Comply with regulatory requirements relevant to dietetic practice. a. Demonstrate knowledge of bylaws and regulations relevant to practice.	CDBC website on Legislation: <a href="http://www.collegeofdietitiansbc.org/legislation">http://www.collegeofdietitiansbc.org/legislation</a>	To review relevant sections of the regulatory requirements on the CDBC website, including <i>Health Professions Act</i> , Dietitians Regulation and CDBC Bylaws	By August 31, 2014
<b>Communication and Collaboration</b> 2.01 Select appropriate communication approaches. d. Use appropriate communication technique(s).	Communication Arts course	To complete a 3 credit communication arts course from the CDBC Registration Committee – Approved Upgrading Courses	By December 20, 2014
		To volunteer during 2015 Nutrition Month by helping a dietitian set up a Healthy Eating display board	By March 20, 2015
<b>Nutrition Care</b> 3.04 Evaluate and modify nutrition care plan as appropriate. c. Identify necessary changes to nutrition care plan.	Practical training upgrading in Clinical Nutrition offered by Langara College	To apply for practical training upgrading at Langara College	By May 31, 2015
<b>Population and Public Health</b>			
<b>Management</b>			