



CDBC Monthly Update January 2013

This Update includes information on the following items:

- ***Joint Statement: Vitamins and Minerals***
- ***Position Statement: Insulin Dose Adjustment***
- ***Reminder: 2013 Continuing Competence Program (CCP) Group***
- ***2013-14 Registration Renewal***
- ***Congratulations to New Registrants!***
- ***Partnership for Dietetic Education and Practice (PDEP) Update***
- ***You Asked About... Duty to Report Unsafe Practice***
- ***Questions? Comments?***

Joint Statement: Vitamins and Minerals

The College of Pharmacists of British Columbia (CPBC), the College of Registered Nurses of British Columbia (CRNBC), and the College of Dietitians of British Columbia (CDBC) confirm that when recommended by a dietitian as part of a therapeutic diet, pharmacists may dispense ***unscheduled drugs*** and registered nurses may administer them. As a note, dietitians may need to ***get standing orders*** changed, particularly in residential care settings, to initiate facility recognition of their authority to recommend unscheduled drugs. For more information, please read the [Joint Statement](#).

Position Statement: Insulin Dose Adjustment

It is within dietitians' (RDs) scope of practice to provide ***diabetes self-management education***. Diabetes self-management education may include, but is not limited to, self-monitoring of blood glucose, food and beverage intake, physical activity and ***insulin dose adjustment*** (IDA). RDs must practice IDA within limits of their competence and in compliance with CDBC standards and codes, current evidence-based clinical practice guidelines as well as any policies and guidelines that may be required by a Health Authority or health care facility. For more information, please read the [Position Statement](#).

Reminder: 2013 Continuing Competence Program (CCP) Group

This is a reminder to Full Registrants in the 2013 CCP Group who have not yet submitted their Professional Development Plan. If you missed the October 31, 2012 deadline, please log into the [online CCP](#) and complete your Self-assessment and Professional Development Plan. Remember ***you must successfully complete the CCP requirement to renew your registration by March 31, 2013*** to avoid the \$250 late registration penalty.

2013-14 Registration Renewal

Online registration renewal will be available from ***March 1 to midnight March 31, 2013***. The CDBC

will email a link to the online renewal to each registrant. Things to know about renewal:

- You need to submit [Appendices 1 and 2](#) **by March 15, 2013** if you plan to register with **Restricted Activities** in 2013/2014.
- You need to allow up to 30 minutes to complete the online renewal process: update your contact information, employment information, read the declarations and complete the payment information.
- Renewal fees are the same since 2010, \$525 (including tax)

Congratulations to New Registrants!

Congratulations to the **34 new graduates** who completed their internship and **passed the CDRE on November 3, 2012**, the Canadian Dietetic Registration Examination. The College is very pleased to welcome you to the profession as Full Registrants. We look forward to working with you!

Partnership for Dietetic Education and Practice (PDEP) Update

The PDEP Steering Committee last met on November 26 and 27, 2012. The **Integrated Competencies for Dietetic Education and Practice (ICDEP) and related Performance Indicators** were completed, validated and approved nationally. Implementation by all three partners is projected to be completed by the end of 2013 or early in 2014. Incorporation into the Canadian Dietetic Registration Examination blueprint is planned for 2014. The Integrated Competencies will replace the Essential Competencies for Dietetic Practice in the CDBC's Competence Self-assessment Process ([CSAP](#)) for registration. For more information, please consult the [PDEP](#) website.

You Asked About... Duty to Report Unsafe Practice

Q: I've noticed a dietitian colleague provide enteral nutrition feeding regimens for several patients that were too high in energy and nutrients. Some of them were at risk for refeeding syndrome and did not tolerate the enteral nutrition the dietitian had recommended. I've approached this dietitian and offered her updated literature about nutritional status assessment for enteral nutrition and refeeding syndrome. However, she declined my offer and said her knowledge was up-to-date. I'm concerned she may harm patients, especially the ones who are at risk for refeeding syndrome. What should I do?

A: According to section 32.2(1) of the [Health Professions Act](#) (HPA), if you have reasonable and probable grounds for believing this dietitian is placing patients at risk, you have a duty to report her unsafe practice in writing to the CDBC Registrar. The Registrar will follow the [Complaint Resolution Process](#) to ensure public safety.

If your Health Authority/ health facility has policies in place for addressing unsafe practice, you may also have to report your concerns to the designated person. If this person is a regulated health professional, they too are mandated under the HPA to report the dietitian's alleged unsafe practice to the CDBC. If the person is not a regulated health professional, they do not have a duty under the HPA to report unsafe practice but may still choose to do so. If that person doesn't report your concerns to the CDBC, you should.

At times, dietitians may observe unsafe practice by other regulated health professionals. If that occurs, dietitians have a duty to report the unsafe practice to that professional's regulatory college. The process for managing complaints is the same for all colleges regulated under the HPA although,

depending on circumstances, the timing of some parts of the process may vary.

Section 32.5 of the Health Professions Act provides immunity to dietitians who make a complaint in good faith, which would prevent the person you are complaining about from seeking damages against you.

Questions? Comments?

Please contact the College staff if you have questions about items in this Monthly Update or if you'd like to schedule a CDBC liaison session for RDs in your area. Call 604.736.2016 or toll-free in BC to 1.877.736.2016, or email us at info@collegeofdietitiansbc.org. We look forward to hearing from you!

The College of Dietitians of BC | Suite 409 | 1367 West Broadway | Vancouver | BC | V6H 4A7 | Canada