



CDBC Monthly Update July 2013

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Congratulations to New CDBC Full Registrants!

The CDBC welcomes **eight new Full Registrants** who successfully completed the Canadian Dietetic Registration Examination (CDRE) on May 10, 2013. The former Temporary registrants may now legally use the title "Registered Dietitian" and "RD". Congratulations! Your registration status has been updated on the College's [List of Registered Dietitians](#).

Are you Part of the 2014 Continuing Competence Program (CCP) Group?

This is a **reminder for Full registrants in the 2014 Group only**. Your Professional Development Plan is due for submission on **October 31, 2013**. You will need your CDBC username and password to access the [online Continuing Competence Program](#). Remember to update your Self-assessment and Professional Development Plan and report on learning goals and activities pursued during your three-year cycle, between April 1, 2011 and March 31, 2014. If you have now completed learning goals that were in progress when you last submitted as a member of the 2011 Group, please also report them in your 2013 Professional Development Plan. If you are uncertain about your CCP reporting group, you may find your reporting year in the Registration Information section of your online [Personal Profile](#). Please contact the office if you have trouble accessing your profile or if you have questions about the CCP.



Continuing Education Opportunity: Prevention & Management of Cardiovascular Disease

Simon Fraser University's Department of Biomedical Physiology and Kinesiology is offering an online course on Prevention and Management of Cardiovascular Disease (CVD) that is targeted to health professionals from varying fields (nurses, dietitians, exercise professionals, social workers, psychologists, pharmacists, etc.) who wish to better their understanding of managing patients within and outside of their discipline.

The course has been designed by health-care professionals at St. Paul's Hospital's Healthy Heart Program in Vancouver and will provide participants a broad base knowledge of CVD to help in their

day-to-day patient management. Core concepts that will be emphasized in the course include disease pathology, diagnosis, patient risk assessment, behavioural change, lifestyle modification and management. For more information or for registration please visit:

<http://register.cstudies.sfu.ca/modules/shop/index.html?action=section&OfferingID=2568&SectionID=4782#>. Registration closes August 23.

You Asked About... The Continuing Competence Program

Q: Why are Continuing Education (CE) credits not a requirement for dietitians in this province? Who enforces that the CCP learning plans are met, and what sort of repercussions are there for RDs if they do not complete these personal learning plans in the 3 year cycles?

A: The Continuing Competence Program is mandated under section 16(2)(e) of the [Health Professions Act](#) and section 52 of the [CDBC bylaws](#). In 2007, the CDBC Board and Quality Assurance Committee initiated a Continuing Competence Program that is self-reflective as opposed to CE credit-based. The Board and the QA Committee determined that a credit-based system didn't provide any information about dietitians' maintenance/ enhancement of the [Standards of Practice](#). For example, a dietitian could attend several workshops, but not learn anything new. Research shows that collecting CE credits is not a guarantee that one is learning, maintaining currency in practice and/or improving practice. The self-reflective CCP enables registrants to individualize their learning and record learning progress from one reporting cycle to another and evaluate the contribution of their new knowledge & skills to their particular practice of dietetics.

A dietitian's Professional Development Plan (PDP) cannot be "anything". A PDP has to include a minimum of three different learning plans. Each learning plan has to relate to a specific standard and indicator of practice. It must include learning activities that are related to the standard/ indicator of practice. The learning plan must show how these contribute to maintenance/ enhancement of a dietitian's knowledge & skills as they relate to the practice of that standard/ indicator. You may find this information in the [Self-assessment and Professional Development Plan Guidelines](#) at the bottom of the CDBC website's Quality Assurance page.

The CCP is not a punitive program. If a dietitian does not meet the Quality Assurance Committee's Assessment Criteria for CCP, the matter would be referred for review to the Quality Assurance Committee. The Committee may ask the dietitian to complete remediation - courses, on-the-job training, etc. - and then re-assess the dietitian to ensure he/ she meets the minimum criteria for CCP.

The Committee may also submit, in an "own motion complaint", any safety concerns about a dietitian's practice to the Inquiry Committee. Once a matter is referred to the Inquiry Committee, the [complaint resolution process](#) is followed (may be punitive).

If a dietitian does not comply with the CCP requirement after 3 years, they will not have met the registration renewal requirements and may not legally renew their registration. The CCP is also a requirement for dietitians who leave the register and reinstate their registration at a later date.

Questions? Comments?

Please contact CDBC staff if you have questions about items in this Monthly Update. Call 604.736.2016 or toll-free in BC to 1.877.736.2016, or email us at info@collegeofdietitiansbc.org. We look forward to receiving your comments!